



## YOUR CHILD'S DEVELOPMENTAL MILESTONES

Age: Up to 6 months

### Motor Skills

- Holds head steady when helped to a sitting position.
- Reaches for and grasps objects. Moves toys from one hand to the other.
- Discovers and plays with his toes.
- Rolls over.
- Begins to explore by placing objects in mouth and banging.
- Can pull herself to a sitting position if you grasp her hands
- May sit in a high chair with a little support.

### Cognitive Skills

- Opens her mouth when she sees the spoon at feeding time.
- Responds when spoken to.
- Listens intently and smiles often.
- Begins to imitate familiar actions that you perform.

### Social Skills and Language

- Babbles, begins to make singsong sounds.
- Recognizes familiar faces.
- Shows his delight by laughing and squealing.
- Yells or screams if he becomes annoyed.
- Smiles at self in the mirror.

### Red Flags

If by 6 months of age you have noticed any of the following signs, discuss them with your pediatrician or nurse practitioner. Although all infants mature at different rates, failure to reach certain milestones *could* indicate a developmental problem requiring special attention:

- Your infant does not roll over
- Your infant has not started babbling
- Your infant's hands are still fisted and he doesn't grasp and hold objects
- Your infant's eyes are crossed most of the time (occasional crossing is normal in the first few months)
- Your infant is not smiling spontaneously
- Your infant seems very stiff, with tight muscles
- Your infant seems very floppy, like a rag doll
- Your infant does not turn his head to locate sounds